



# The Carleton

RESTAURANT

## LUNCH MENU

### SAMPLE MENU

#### BRUNCH

- 10AM-2PM**
- FULL BREAKFAST** 2,4,7,14 **£13.5**
- SMOKED BACK BACON, PORK SAUSAGE, SODA BREAD, POTATO BREAD, MUSHROOMS, TOMATO, BLACK PUDDING, WHITE PUDDING, BAKED BEANS, HASH BROWN & FRIED EGG
- EGGS BENEDICT** 2,4,7,14 **£12**
- LIGHTLY TOASTED MUFFIN, HAM, POACHED EGG, HOLLANDAISE SAUCE
- EGGS ROYALE** 2,4,5,7,14 **£13.5**
- LIGHTLY TOASTED MUFFIN, SALMON, POACHED EGG, HOLLANDAISE SAUCE
- CHICKEN & WAFFLE** 2,4,7,14 **£14.5**
- BUTTERMILK CHICKEN, BELGIAN WAFFLES, CRISPY BACON, POACHED EGGS, MAPLE SYRUP
- SMASHED AVOCADO** 2,4 **£12**
- GRILLED SOURDOUGH, AVOCADO, CORIANDER, LIME, RED CHILLI, POACHED EGG
- POTATO BREAD STACK** 2,4,12 **£12**
- GRILLED POTATO BREAD, LISDERGAN SAUSAGES, CRISPY BACON, FRIED EGGS

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| <br><b>£19.50</b><br><small>ANY BRUNCH ITEM &amp; BRUNCH COCKTAIL</small> | <b>BRUNCH COCKTAILS</b><br><small>BELLINI £8.50<br/> MIMOSA £8.50<br/> PROSECCO MINT JULEP £9.50<br/> NOJITO £7</small> | <br><b>£14.50</b><br><small>BRUNCH &amp; BOTTOMLESS COFFEE</small> |
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| <b>SOUP &amp; SANDWICHES</b><br><b>£13.50</b> | <b>CHOICE OF :</b><br><b>CHICKEN SALAD</b> 2,4<br><b>EGG &amp; CRESS</b> 2,4<br><b>HAM &amp; CHEESE</b> 2,7,14<br><b>ROAST BEEF &amp; HORSERADISH</b> 2,4,14 |
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#### SMALL PLATES

- SOUP OF THE DAY** 2,7 **£7**
- HOMEMADE WHEATEN BREAD
- FISH CHOWDER** 1,2,3,5,7,8 **£9**
- SMOKED HADDOCK, SALMON, MUSSELS, POTATO, CREAMY BROTH, GARLIC BREAD
- CRISPY FISH GOUJONS** 2,4,5,7,14 **£8.5 / £17**
- HERB CRUMBED PLAICE, WATERCRESS & PICKLED SHALLOT, BURNT LEMON MAYO
- CHICKEN WINGS** 1,7,9 **£8 / £15**
- RANCH DRESSING, BBQ OR SPICY SAUCE
- BUTTERMILK CHICKEN STRIPS** 2,4,7 **£8 / £14**
- CHIPOTLE ALIOLI
- GLAZED PORK RIBS** 1,2,4,7,14 **£11**
- GARLIC & MISO GLAZE, PICKLED ASIAN SLAW

#### SANDWICHES

- SOURDOUGH CHICKEN BLT SANDWICH** 2,4,14 **£13.5**
- GRILLED CHICKEN, BACON, LETTUCE, TOMATO, MAYO, SKINNY FRIES
- CHICKEN BRUSCHETTA** 2,7,10,14 **£13**
- GRILLED CHICKEN BREAST, TOASTED SOURDOUGH, WILD ROCKET, GREEN PESTO DRESSING, SKINNY FRIES
- OPEN STEAK SANDWICH** 2,4,7,13,14 **£18.5**
- SIRLOIN STEAK, ROCKET, SUN-DRIED TOMATO, PARMESAN, GARLIC MAYO, GREEN PEPPERCORN SAUCE, CHUNKY CHIPS
- FISH FINGER CIABATTA** 2,4,7,13,14 **£16.5**
- HERB CRUMBED FISH GOUJONS, BABY GEM LEAVES, HOMEMADE TARTARE SAUCE, SKINNY FRIES

#### MAIN PLATES

- RAINBOW SALAD** 5,12,13,14 **£15**
- SHREDDED RED CABBAGE, CARROTS, KALE, SPRING ONION, TOASTED SESAME SEEDS, CHILLI & GINGER DRESSING
- CHOICE OF:** CHICKEN | PRAWNS OR CRISPY TOFU (VG)
- CHICKEN CAESAR SALAD** 2,4,7,9 **£16**
- GRILLED CHICKEN, CRISPY BACON, CROUTONS, PARMESAN, CAESAR DRESSING
- CHICKEN STACK** 1,2,7,13,14 **£20.5**
- ROAST CHICKEN BREAST, GRILLED BABY LEEKS, CREAMY CHAMP, PEPPERCORN SAUCE, SEASONED CRISPY ONIONS
- 8OZ BEEF BURGER** 2,4,7,9,13,14 **£17**
- BEEF BURGER, LETTUCE, TOMATO, SAUTEED ONIONS, CHEDDAR, DILL PICKLE, BURGER SAUCE, COLESLAW, CHUNKY CHIPS  
(PLANT BASED OPTION AVAILABLE) 2,4,7,9,13,14
- ALE BATTERED LOCAL HADDOCK** 2,4,5,13,14 **£19**
- CHUNKY CHIPS, WATERCRESS & SHALLOT SALAD, MUSHY PEAS, HOMEMADE TARTARE SAUCE
- ROAST OF THE DAY** PLEASE ASK SERVER FOR ALLERGEN ADVICE **£16**
- SEASONAL VEGETABLES, ROAST & MASH POTATO, GRAVY

#### SIDES ALL £5.5

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| SEASONAL VEGETABLES              | SKINNY FRIES |
| NEW POTATO, HERBS, SEA SALT      | MASH 7,14    |
| ONION RINGS 2,13,14              | CHAMP 7      |
| TRIPLE COOKED CHIPS 14           |              |
| GARLIC & PARMESAN CHIPS 7,14     |              |
| SWEET CHILLI & SOURCREAM FRIES 7 |              |

**ALLERGENS:** 1 - CELERY | 2 - CEREALS CONTAINING GLUTEN | 3 - CRUSTACEANS | 4 - EGGS | 5 - FISH | 6 - LUPIN | 7 - MILK | 8 - MOLLUSCS | 9 - MUSTARD | 10 - NUTS | 11 - PEANUTS | 12 - SESAME SEEDS | 13 - SOYBEANS | 14 - SULPHUR DIOXIDE & SULPHITES